

To enhance the quality of life of the citizens of North Las Vegas by providing a diversity of open spaces, parks and leisure opportunities.

CITY OF NORTH LAS VEGAS PARKS AND RECREATION DEPARTMENT

NEIGHBORHOOD RECREATION CENTER

1638 North Bruce Street North Las Vegas, NV 89030 (702) 633-1600 Monday and Wednesday 9:00 a.m. - 6:00 p.m. Tuesday and Thursday 9:00 a.m. – 8:00 p.m. Closed Friday Saturday 9:00 a.m. – 2:00 p.m. Closed Sunday

SILVER MESA RECREATION CENTER

4025 Allen Lane North Las Vegas, NV 89032 (702) 633-2550 Monday through Thursday 9:00 a.m. – 7:00 p.m Closed Friday Saturday 9:00 a.m. – 2:00 p.m. Closed Sunday

NEIGHBORHOOD RECREATION CENTER

REGISTRATION SCHEDULE – FALL 2012

Session I

6-weeks

Session II

Online Registration: Open Registration: Classes: Make-up Week:

Official Holidays:

August 13 - August 18, 2012 August 20 - August 23, 2012 September 4 - October 12, 2012 October 13 - October 19, 2012 Monday, September 3 - Labor Day Monday, October 8 - Columbus Day

Online Registration: Open Registration: Classes: Make-up Week: Official Holidays:

6-weeks

October 8 - October 13, 2012 October 15 - October 18, 2012 October 27 - December 7, 2012 December 8 - December 14, 2012 Thursday, November 12 - Veteran's Day Thursday, November 22 - Thanksgiving Day

FITNESS FACILITY

The Neighborhood Recreation Center offers a variety of state of the art free weights, strength, and cardiovascular machines to help improve and maintain your overall fitness level. Participants must be 18 years of age or older and show a valid Nevada I.D. at time of registration. Lockers are provided onsite for bags and personal items. \$35/6 month

Membership Fees: Fitness Room Hours:

\$2/day	\$//month
Mon	9:00am-5:45pm
Tue	9:00am-7:45pm
Wed	9:00am-5:45pm
Thu	9:00am-7:45pm
Fri	Closed
Sat	9:00am-1:45pm



BODY FAT ANALYSIS TESTING

Are you interested in knowing what your body fat percentage is? If so, the Neighborhood Recreation Center offers free body fat testing once a month to track the results from your hard work and dedication in the fitness room (additional monthly testing's will be \$3). Please see instructor Janet Mantilla for assistance.

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18 +

TIME FEE 10:30am-11:00am FREE

OPEN GYM HOURS

A Fun Zone I.D. or Adult Sports Zone I.D. is required for all participants.

AGES

Adults / Basketball Adults / Badminton Children - 6-17 yrs Children - 6-17 yrs Adults w/ children 6-17 yrs

DAYS Mon, Tue, Thu, Wed Tue, Thu Mon, Wed Sat

DAY

First Tue

TIME 12:00pm-2:00pm 11:30am-2:00pm 2:00pm-7:00pm

2:00pm-5:45pm

9:00am-1:45pm

FEE \$2/day, \$10/3months \$1/day, \$5/3months

FUN ZONE DROP-IN PROGRAM (Game room / gymnasium)

Are you looking for fun and exciting activities for your children? Look no further. The Neighborhood Recreation Center is the place to be! We offer a variety of FREE programs such as: special events, on the spot games, tournaments, arts & crafts, and physical activities. The program goal is to provide a safe, fun, and supervised alternative for youth. IMPORTANT! This is a drop-in program. Youth come and go as they please.

FUN ZONE MEMBERSHIP - \$3.00 monthly

All youth must be registered by a parent or guardian. Children must have their membership cards in their possession to participate. If a participant's card is lost or stolen, a new card must be purchased. A \$3 replacement card fee applies.

AGES	DAYS	TIME
17 & Under	Tue, Thu	2:00pm-6:45pm
	Mon, Wed	2:00pm-5:45pm
	Sat	9:00am-1:45pm

PROJECT HOMEWORK HELP

Need assistance with a school project? The Fun Zone staff are available to help assist with your projects and homework assignments. Computers are available at this time for homework and research purposes only.

AGES	DAY	TIME	FEE
6-17	M/W	2:30pm-4:30pm	FREE

FUN ZONE SPECIAL EVENTS (Must have a Fun Zone card)

BACK TO SCHOOL BBQ

The school year has just begun; let's celebrate a successful school year. The Neighborhood Recreation Center staff will be entertaining the children through arts/crafts, obstacle course and much more. Bring a friend to join in the celebration.

AGES 6-17	DAY/DATE	TIME 2:20mm 5:00mm	FEE FREE
0-17	Thu, Aug 30	3:30pm-5:00pm	FREE
HALLOWEEN PARTY			
Ghosts. Goblins. Games	. Good friends and food. Join	the fun!	
AGES	DAY/DATE	TIME	FEE
6-17	Wed, Oct 31	3:30pm-5:00pm	FREE
WINTER WHITE-OUT			
Celebrate the season with	a special holiday party at the I	Neighborhood Recreation Center.	
AGES	DAY/DATE	TIME	FEE
6-17	Thu, Dec 6	3:30pm-5:00pm	FREE
	FUN ZONE FIEL	D TRIPS (Must have a Eur Zone card)	

(Must have a Fun Zone card)

ROCK CLIMBING

No experience necessary as we	e tackle an indoor climbing wall.		
AGES	DAY/DATE	TIME	FEE
6-17	Fri, Oct 12	9:00am-12:00noon	\$6 pp

PUTT PUTT & LASER TAG

Nothing to do on a school holiday? Join your friends for a morning of fun at King Putt in Henderson. Enjoy a round of golf, a game of laser tag, and pizza!

AGES	DAY/DATE	TIME	FEE
6-17	Tue, Nov 6	9:30am-2:00pm	\$10 рр

CLASSES

How To Register For Classes At The Neighborhood Recreation Center

Fill out a class household information card and pay the required fees at the center. You are not enrolled into the class until you have: 1) signed the waiver on the back of the household information card, 2) your fees have been paid, and 3) you have received your receipt. You may also register online starting the first day of registration! Look for the class registration link under Online Services on the City's web page www.cityofnorthlasvegas.com

Please Note: The City of North Las Vegas reserves the right to prorate class fees as necessary due to holidays, etc.

DANCE

A variety of fun classes for the whole family. Comfortable clothing and bottled water suggested for most classes. Ballet & Tap students must supply their own ballet and tap shoes; leotards are suggested.

BALLET/TAP/TUMBLING - Instructor: North Star Dance

Perfect for kids wanting to explore the world of ballet and tap. Students will learn the fundamentals of dance in a fun and creative setting. Class will end with tumbling exercises.

AGES	DAY	TIME	FEE
3-5	Wed	4:00pm-5:00pm	\$15
3-5	Sat	9:30am-10:30am	\$15

BALLET/TAP/TUMBLING II - Instructor: North Star Dance

This class is for participants with at least 3 sessions of experience. The class is an extension of level one, and will elaborate on dance routines learned in the beginning classes.

AGES	DAY	TIME	FEE
3-5	Wed	5:00pm-6:00pm	\$15
3-5	Sat	11:30am-12:30am	\$15

BALLET & TAP - Instructor: North Star Dance

AGES 6-10

Perfect for beginning dancers, students will learn the fundamentals of ballet and tap, in a fun and creative setting, while having a great time with friends.

DAY	TIME	FEE
Sat	10:30am-11:30am	\$15

BELLY DANCING - Instructor: North Star Dance

This class offers the opportunity to learn a mix of popular cultural dances while enjoying great music and festive costumes. Sure to be a festive time!

AGES	DAY	TIME	FEE
6-17	Sat	12:00pm-12:50pm	\$15
17+	Sat	1:00pm-1:50pm	\$15

INTERMEDIATE BALLET - Instructor: North Star Dance

This class is for participants with at one year prior experience in ballet and tap; children should be able to do the basics as requested by instructor.

AGES	DAY	TIME	FEE
6-14	Sat	12:30pm-1:30pm	\$15

HIP HOP DANCE - Instructor: North Star Dance

Students will learn the late	est in Hip Hop moves, through fun ar	d creative dances. Grab a friend and join this high	n energy class.
AGES	DAY	TIME	FEE
4-10	Tue	6:30pm-7:30pm	\$15

FITNESS/EXERCISE

The Neighborhood Recreation Center provides an excellent opportunity to increase the fitness level of the whole family. Comfortable clothing and bottled water suggested.

BOOT CAMP AEROBICS - Instructor: Janet Mantilla

It's the ultimate circuit workout combining intervals of cardio drills and muscle conditioning drills. Enjoy the variety of classes that may use jump ropes, boxing drills, relay races and even a little healthy competition. These high-intensity classes will help you to burn between 400-600 calories. Suitable for all levels – but let your instructor know if this is your first time.

AGES	DAY	TIME	FEE
17 +	Tue	5:00pm-6:00pm	\$15
17 +	Thu	5:00pm-6:00pm	\$15

CHEERLEADING 101 - Instructor:			
Ever dreamed of being a cheerleader?	Now is your opportunity to learn the basics of	ot cheerleading: jumps, sidelines, o	cheers and
AGES	DAY	TIME	FEE
3-8	Tue	5:30pm-6:30pm	\$15
		0.00pm 0.00pm	ψ. O
ing the training process students will lea	at is a combination of Goju-Shorei, Shoto-Ko rn self defense, self-discipline, and respect fo		Jujitsu. Dur-
AGES	DAYS	TIME	FEE
6-Up	Tue/Thu	5:30pm-6:30pm	\$27
KARATE II - Instructor: Stephanie	Gorden		
combination of Goju-Shorei, Shoto-Kan,	l - Instructors permission required to enroll. K Tae Kwon Do, BKF Kenpo, and Jujitsu. Dur others. Must have an orange belt or higher.		
AGES	DAYS	TIME	FEE
6-Up	Tue/Thu	6:30pm-7:30pm	\$27
PILATES - Instructor: Janet Mantil This is a great class if you would like to ing that engages the abdominal wall. AGES 17+	strengthen the abdominal areas with exercis DAY Sat	es, with a focus on posture and str TIME 10:00am-10:50am	ong breath- FEE \$15
	step platform, great for tightening those glut- with level 2 or try BodyStep to improve you		
16+	Sat	11:00am-11:50am	\$15
TOTAL BODY WORKOUT - Instruc This is a great class with all the compon AGES 17+	tor: Janet Mantilla ents for a great workout: stretching, toning, o DAY Sat	cardio, core and strength training TIME 9:00am-9:50am	exercises. FEE \$15
	la , rewarding, beneficial working out can be hypnotic Latin rhythms and easy to follow m		
AGES	DAY	TIME	FEE
16 +	Tue/Thu	11:00am-11:45am	\$15
16 +	Tue	4:00pm-5:00pm	\$15
16 +	Thu	4:00pm-5:00pm	\$15
16+	Sat	1:00pm-1:50pm	\$15
	SPECIAL INTERESTS Carlos Pavon cratch, no previous experience necessary, ha vord-processor, Windows Media Player, pair		

ent computer parts and programs like word-processor, Windows Media Player, paint, Windows operating system, the keyboard and the mouse.

AGES	DAY	TIME	FEE
Adults (Beg)	Wed	4:00pm-5:00pm	\$15

COMPUTERS II - Instructor: Carlos Pavon Intro to Internet access, email, attachments and copy/ paste, searching the Internet using Google, Yahoo, word-processing etc.

AGES	DAY	TIME	FĔE
Adults (Int)	Wed	5:00pm-6:00pm	\$15

BASIC SPANISH LANGUAGE - Instructor: Carlos Pavon

If you are interested in learning the basics of the Spanish language or how to hold a general conversation in Spanish then this is the class for you. Participants will learn commonly used words and key phrases along with basic object names and descriptions.

AGES	DAY	TIME	FEE
17+	Mon	3:45pm-4:45pm	\$15

KIDDIE KOLLEGE EARLY CHILDHOOD EDUCATION - Instructor: Patricia Ramirez and Karla De-Gurrola

A positive, recreational learning environment utilizing creative art, music and constructive play for young children. This is a 9-month class with a monthly fee. Must be of age by Sept. 30TH .

AGES	DAYŠ	TIME	FEE
3	Tue/Thu	9:00am-11:00am	\$55
4/5	Mon/Wed	9:00am-11:15am	\$60

SOCIAL SENIORS

Join the Social Seniors, Monday through Thursday from 8:00am until 1:00pm for a variety of recreational and educational op-portunities. Daily leisure activities, instructional classes, special events and excursions are offered to those age 55 and older. For more information, please call 633-1492 or 633-1637. **Social Senior Membership - \$3.00 annually**

NEIGHBORHOOD CAFÉ

Spend the morning at the Neighborhood Recreation Center participating in a class or workshop, and then join us for a hot lunch, served at 12:00 noon, Monday through Thursday. Cost of lunch is \$2.00 per person.

RED HAT MEETINGS

Will be held every 2nd Wednesday of the month. Please contact Laverne McCoy at 633-1492 to reserve your space.

DATE	TIME	EVENT
Wednesday, August 8	10:00am	Manicures by Caremore
Wednesday, September 12	10:00am	Red Hat Flea Market
Wednesday, October 10	10:00am	Bowling at Texas Station Casino
Wednesday, November 14	10:00am	Fashion Show by Sunflower Fashions
Wednesday, December 12	10:00am	Red Hat Christmas Party

SENIOR SPECIAL EVENTS

SENIOR TRIPS

(Limited to the 1st 20 participants, and transportation will be provided by the Parks and Recreation vans. Lunch will be on your own.) DATE TDID TIAAF eee.

IKIP	DAIE		FEE
"DaVinci Exhibit"	Thursday, September 6	9:30am-4:00pm	\$22
"Greek Food Festival"	Friday, September 21	4:00pm-8:00pm	\$8
"Art in the Park - Boulder City"	Saturday, October 6	8:00am-3:00pm	\$5
"Golf at the Par 3 Course"	Thursday, October 25	8:30am-2:00pm	\$8
"Gilcrease Orchard"	Thursday, November 8	8:30am-12:00noon	\$5
"Nevada State Museum"	Monday, November 19	9:30am-3:30pm	\$9
"Magical Forest"	Thursday, December 13	5:30pm-9:00pm	\$9
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OKTOBERFEST

Join the celebration! Bratwurst, dancing and more! DATE

DATE	TIME	FEE
Tuesday, October 2	11:00am-1:00pm	\$2

TIAAF

CHRISTMAS COOKIE EXCHANGE

Calling all bakers!	Bring two dozen o	of your favorite holiday	cookies, along wit	th the recipe, to sl	nare with friends.
		DATE		TIAAE	

DAIE		FEE
Tuesday, December 18	10:30am-11:30am	\$2

COMING THIS FALL...PICKLEBALL

Start limbering up and practice your serve. The Neighborhood Recreation Center will host a Pickleball Workshop and then begin weekly classes. Pickleball is a cross between tennis and badminton and is one of the fastest arowing sports in the country

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DATE	TIME	FEE
Wed, Sept 26	11:00am-12:00noon	FREE

SENIOR WELLNESS

FOOD FOR HEALTH AND SOUL

Presented by the University of Nevada Cooperative Extension, this hands-on interactive class teaches participants skills to modify family favorite recipes for better health. Plus, the final class provides an opportunity for participants to enjoy a "Buffet for Health and Soul." You must pre-register.

FEE

FREE

DATE(S)

Monday (starts Sept. 10)

EDUCATION & INFORMATION DATE

DATE(S)	TIME	FEE
Tuesday August 7	"Eye Care for Seniors" Valley Health Systems	FREE
Tuesday September 4	"Home Care Benefits" Addus Health Care	FREE
Tuesday October 9	"Meet & Greet with Doctor - Prescription Drug Abuse"	FREE
Tuesday November 13	"Body Mass Indexing & Nutrition"	FREE
Tuesday December 11	"Foot Care"	FREE

FITNESS, MOVEMENT & MORE

GYM WALKING

Don't let the weather dictate your fitness r	outine. Join your friends and walk in the gym	. It's a great way to start your day.
DAY(S) Monday -Thursday	TIME	FEE
Monday -Thursday	8:00am-9:00am	Free

YOGA

Monday Wednesday

Yoga helps improve circulation, ease muscle aches and pains, and improve overall wellness of your body and mind. Wear comfortable clothes. E

DAY(S)	TIME	FEE
DAY(S) Monday & Wednesday	8:30am-9:30am	Free

TIME

9:00am-10:15am

LOW IMPACT AEROBICS

No experience necessary! You'll feel energized and refreshed after this low impact aerobics workout. DAY(S)

TIME	FEE
10:00am-11:00am	Free
10:00am-11:00am	

BEGINNER BOOT CAMP

Join us for the ultimate c	ircuit work-out that is tailored to the needs of older adults.
DAY(S)	TIME
Tuesday & Thursday	8:30am-9:15am

BASIC KEYBOARDING

Learn to play the piano with a step by step method. You'll be playing songs from the first lesson! Learn to recognize piano keys, notes, and rhythm. *Please call the NRC desk at 633-1600 to reserve your space. TIME

DAY	(S)
Tuesd	lav

9:00am-10:00am 10:00am-11:00am 11:00am-12:00noon FEE \$8.00 materials fee \$8.00 materials fee \$8.00 materials fee

FEE Free

ZUMBA GOLD

ZUMBA Gold is a fitness program designed for the active older adult who grew up doing the Jitterbug, Swing, Cha Cha and Twist. Inspired by Latin music, this class will provide you with a safe, effective and fun total body workout!

DAY(S)	TIME	FEE
Tuesday	9:30am-10:30am	Free
Thursday	9:30am-10:30am	Free

BELLY DANCING BASICS

Learn the mysterious art of belly dancing.	Tone muscles, burn calories and have fun all	at the same time!
DAY(S) Thursday	TIME	FEE
Thursday	9:00am-10:00am	Free

TAP DANCE

Tap dana	ing is a great form of exercise, as it requires use of the entire body.	Join the fun!
DAY(S)	TIME	FEE
Thursday	10:00am-11:00am	Free

CRAFT CLASSES

BEGINNING HAND QUILTING

Come learn how to quilt! Beginners welcome!

DAY(S) Monday TIME 10:00am-11:30am

CERAMICS STUDIO

Clean, glaze and fire molded ceramic pieces. Limited instruction is available during studio time. Use of the potter's wheel requires either experience or attendance at the Potter's Wheel Workshop.

DAY(S) Tuesday & Thursday TIME 9:00am-12:00pm

FEE

FEE

Free

6-weeks

FREE

SILVER MESA RECREATION CENTER

4025 Allen Lane North Las Vegas, NV 89032 PHONE: (702) 633-2550 FAX: (702) 636-5511

Hours:

Monday through Thursday 9:00 a.m. - 7:00 p.m. Closed Friday Saturday 9:00 a.m. – 2:00 p.m. Closed Sunday



REGISTRATION SCHEDULE - FALL 2012

Session I

Online Registration: Open Registration: Classes: Make-up Week: Official Holidays:

6-weeks August 13 - August 18, 2012 August 20 - August 23, 2012 September 4 - October 12, 2012 October 13 - October 19, 2012 Monday, September 3rd Labor Day Monday, October 8th Columbus Day

Session II
Online Registration
Open Registration:
Classes:
Make-up Week:
Official Holidays:
/

October 8 - 13, 2012 October 15 - October 18, 2012 October 27 - December 7, 2012 December 8 - December 14, 2012 Thursday, November 12th Veteran's Day Thursday, November 22nd Thanksgiving Day -NO CLASSES THANKSGIVING WEEK—

FITNESS FACILITY

The Silver Mesa Recreation Center offers a variety of state of the art free weights, strength, and cardiovascular machines to help improve and maintain your overall fitness level. Participants must be 18 years of age or older and show a valid Nevada I.D. at time of registration. Lockers are provided onsite for bags and personal items. \$18/month

Membership Fees: Fitness Room Hours:

\$5/day 9:00am-6:45pm Mon-Thu Closed Fri 9:00am-1:45pm Sat Sun Closed

\$81/6 month

PERSONAL TRAINING SESSION

Looking to get in shape mentally and physically! Well look no further, Silver Mesa is now offering personal training for fitness members. Yes, at a low-cost, you can receive a one-on-one 30 minute session with a certified fitness instructor. Must pre-register at least 1 week in advance.

CLASS Personal Trainer Personal Trainer Personal Trainer Personal Trainer	INSTRUCTOR Carmen Santiago Carmen Santiago Carmen Santiago	DAY Mon	TIME 4:00pm-4:30pm 4:30pm-5:00pm 5:00pm-5:30pm 5:30pm-6:00pm	FEE \$20 per day \$20 per day \$20 per day \$20 per day
Personal Trainer	Carmen Santiago	Thu	2:00pm-2:30pm	\$20 per day
Personal Trainer	Carmen Santiago		2:30pm-3:00pm	\$20 per day
Personal Trainer	Carmen Santiago		3:00pm-3:30pm	\$20 per day
Personal Trainer	Carmen Santiago		3:30pm-4:00pm	\$20 per day
Personal Trainer	Carmen Santiago	Sat	11:00am-11:30am	\$20 per day
Personal Trainer	Carmen Santiago		11:30am-12:00pm	\$20 per day
Personal Trainer	Carmen Santiago		12:00pm-12:30pm	\$20 per day
Personal Trainer	Carmen Santiago		12:30pm-1:00pm	\$20 per day

OPEN GYM HOURS

A Fun Zone I.D. or Adult Sports Zone I.D. is required for all participants.

AGES Adults / Basketball Children - 6-17 yrs

DAYS Mon, Wed, Sat Mon - Thu

TIME 12:00pm-2:00pm

2:00pm-6:45pm

FEE \$2/day, \$15/3months

FUN ZONE DROP-IN PROGRAM

(Game room / gymnasium)

Parents, if you are looking for a safe, fun and supervised after school program for your child, the Fun Zone is the place to be! Offering a variety of exciting activities that include a full court gymnasium, a fun-filled game room with billiards, table tennis, board games and arts and crafts, your pride and joy will definitely have a GREAT time.

FUN ZONE MEMBERSHIP - \$3.00 monthly

All youth must be registered by a parent or guardian. Children must have their membership cards in their possession to participate. If a participant's card is lost or stolen, a new card must be purchased. A \$3 replacement card fee applies.

AGES 17 & Under DAYS Mon -Thu Sat

TIME 2:00pm-6:45pm 9:00am-1:45pm

SENIOR PROGRAMS

SENIOR SPECIAL EVENTS

SENIOR TRIPS AND EXCURSIONS -

(Limited to the 1st 20 participants, and transportation will be provided by the Parks and Recreation vans. Lunch will be on your own.)

,	DATE	TIME	FEE
Fremont Street / Lunch	Thursday, August 9	9:30am-3:00pm	\$5
Mob Museum / Antique Car	Thursday, September 13	9:30am-3:00pm	\$15
Dolphin Habitat / Tigers	Thursday, October 18	9:30am-3:00pm	\$10
Primm	Thursday, November 15	9:30am-3:00pm	\$5
Breakfast & Movies at Texas	Thursday, December 6	9:30am-3:00pm	\$5
CENIOD WELLNESS			

SENIOR WELLNESS

Education and Information

Check the calendar			
	DATE	TIME	FEE
Self Defense	November 14	9:00am-10:30am	FREE

FITNESS, MOVEMENT & MORE

GYM WALKING

Don't let the weather dictate you	ur fitness routine.	Join your friends and walk in the gym.	It's a great way to start your day.
DAY(S)	TIME	FEE	
Monday-Thursday	8:00am-10:00a	m FREE	

OPEN GAME-ROOM

Socialize, Socialize, and Socialize. The gameroom will host daily activities, included but not limited to: arts/crafts, Bingo, Wii Tournaments, card games, movie days and much more. (See monthly calendar)

DAT(5)	11/ME	FEE
Monday-Thursday	8:00am-1:00pm	FREE

SENIOR CELEBRATIONS / MOVIE DAY

The last Thursday of the month will be picnic/potluck at 11:00am.

CL	A	SSES)
ARTS	&	CR/	AFTS
	D		

		NAFIJ		
CLASS	INSTRUCTOR	DAY	TIME	FEE
Intro to Drawing and Painting (ages 7 – 14)	Gilbert Pacheco	Mon	5:30pm-6:30pm	\$30
Kiddie Krafts (ages 4-6)	Gilbert Pacheco	Tue	5:15pm-6:15pm	\$30
Ceramics and Pottery (ages 9+)	Larry Rush	Tue	4:00pm-5:30pm	\$55
Ceramics and Pottery (ages 9+)	Larry Rush	Sat	11:30am-1:00pm	\$55

CLASS

Ballet (ages 3-5) Ballet (ages 3-5) Ballet (ages 3-5) Ballet & Tap I (ages 3-5) Ballet & Tap I (ages 3-5) Ballet & Tap I (ages 6-9) Ballet & Tap I (ages 3-5) Ballet & Tap I (ages 6-9) Ballet & Tap I (ages 3-5) Ballet & Tap I (ages 3-5) Ballet & Tap I (ages 3-5) Ballet & Tap I (ages 6-9) Ballet & Tap I (ages 3-5) Ballet & Tap I (ages 6-9) Cheer for Tots (3-5) Cheer for Tots (3-5) Mommy & Me Dance (ages 1-3) Mommy & Me Dance (ages 1-3) Hip Hop Rocks! (ages 5-8) Hip Hop Rocks! (ages 9+)

CLASS

Yoga I (ages 18+) Body Sculpting (ages 18+) Cardio Plus (ages 18+) Cardio Plus (ages 18+) Total Body Conditioning (ages 18+) Total Body Conditioning (ages 18+) Zumba (ages 16+) Zumba (ages 16+)

CLASS

Parent/Tot Gymnastics (ages 1 ½ -2)
Parent/Tot Gymnastics (ages 1 ½ -2)
Parent/Tot Gymnastics (ages 1 ¹ / ₂ -2)
Parent/Tot Gymnastics (ages 1 ¹ / ₂ -2)
Parent/Tot Gymnastics (ages 1 ½ -2)
Parent/Tot Gymnastics (ages 1 ½ -2)
Parent/Tot Gymnastics (ages 1 ½ -2)
Parent/Tot Gymnastics (ages 1 ½ -2)
Parent/Tot Gymnastics (ages 1 ½ -2)
Parent/Tot Gymnastics (ages 1 ½ -2)
Tot Gymnastics (ages 3)
Pre-School Gymnastics (ages 4-5)

DANCE

INSTRUCTOR	DAY
North Star Dance	Mon
North Star Dance	Wed
North Star Dance	Thu
North Star Dance	Mon
North Star Dance	Mon
North Star Dance	Mon
North Star Dance	Wed
North Star Dance	Thu
North Star Dance	Sat
Go For It USA	Tue
Go For It USA	Tue
North Star Dance	Mon
North Star Dance	Thu
North Star Dance	Wed
North Star Dance	Wed

FITNESS/EXERCISE INSTRUCTOR DAY

Kathy Hartman	Wed
Dena Martin	Thu
Dena Martin	Mon
Dena Martin	Tue
Dena Martin	Tue,Thu
Dena Martin	Tue,Thu
Carmen Santiago	Wed
Carmen Santiago	Sat

GYMNASTICS INSTRUCTOR DAY

INJIKUCIUK	DAI	
Go For It USA	Mon	9:15am-10:00am
Go For It USA	Mon	11:15am-12:00pm
Go For It USA	Mon	4:00pm-4:45pm
Go For It USA	Tue	10:15am-11:00am
Go For It USA	Wed	9:15am-10:00am
Go For It USA	Wed	12:15pm-1:00pm
Go For It USA	Wed	5:15pm-6:00pm
Go For It USA	Wed	6:15pm-7:00pm
Go For It USA	Thu	9:15am-10:00am
Go For It USA	Sat	9:15am-10:00am
Go For It USA	Mon	10:15am-11:00am
Go For It USA	Mon	12:15pm-1:00pm
Go For It USA	Tue	9:15am-10:00am
Go For It USA	Tue	11:15am-12:00pm
Go For It USA	Tue	2:00pm-2:45pm
Go For It USA	Wed	11:30am-12:15pm
Go For It USA	Wed	1:15pm-2:00pm
Go For It USA	Thu	11:15am-12:00pm
Go For It USA	Sat	9:15am-10:00am
Go For It USA	Sat	11:30am-12:15pm
Go For It USA	Sat	12:45pm-1:30pm
Go For It USA	Mon	1:00pm-2:00pm
Go For It USA	Mon	6:00pm-7:00pm
Go For It USA	Tue	12:00pm-1:00pm
Go For It USA	Tue	1:00pm-2:00pm

TIME	FEE
1:30pm-2:30pm	\$24
2:45pm-3:45pm	\$24
1:30pm-2:30pm	\$24
2:45pm-3:45pm	\$24
4:00pm-5:00pm	\$24
5:00pm-6:00pm	\$24
1:30pm-2:30pm	\$24
5:00pm-6:00pm	\$24
9:15am-10:15am	\$24
9:15am-10:15am	\$24
10:30am-11:30am	\$24
10:30am-11:30am	\$24
11:45am-12:45pm	\$24
11:45am-12:45pm	\$24
12:00pm-12:50pm	\$24
1:10pm-2:00pm	\$24
12:00pm-12:45pm	\$24
12:00pm-12:45pm	\$24
4:00pm-5:00pm	\$24
5:05pm-6:05pm	\$24
1	

TIME FEE 6:10pm-7:00pm \$27 9:30am-10:30am \$27 \$27 6:00pm-7:00pm 9:30am-10:30am \$27 10:45am-11:45am \$40 6:00pm-7:00pm \$40 10:30am-11:30am \$27 1:00pm-2:00pm \$27

TIME FEE \$22 \$22 \$22 \$22 \$22 \$22 \$22 \$22 \$22 \$22 \$24 \$24 \$24 \$24 \$24 \$24 \$24 \$24 \$24 \$24 \$24 \$30 \$30 \$30 \$30

Pre-School Gymnastics (ages 4-5)	Go For It USA	Tue	3:45pm-4:45pm	\$30
Pre-School Gymnastics (ages 4-5)	Go For It USA	Wed	10:15am-11:15am	\$30
Pre-School Gymnastics (ages 4-5)	Go For It USA	Thu	10:00am-11:00am	\$30
Pre-School Gymnastics (ages 4-5)	Go For It USA	Thu	12:00pm-1:00pm	\$30
Pre-School Gymnastics (ages 4-5)	Go For It USA	Thu	1:00pm-2:00pm	\$30
Pre-School Gymnastics (ages 4-5)	Go For It USA	Sat	10:15am-11:15am	\$30
Pre-School Gymnastics (ages 4-5)	Go For It USA	Sat	11:30am-12:30pm	\$30
Beginning Gymnastics (ages 6+)	Go For It USA	Tue	4:45pm-5:45pm	\$30
Beginning Gymnastics (ages 6+)	Go For It USA	Wed	4:00pm-5:00pm	\$30
Beginning Gymnastics (ages 6+)	Go For It USA	Thu	4:00pm-5:00pm	\$30
Beginning Gymnastics (ages 6+)	Go For It USA	Thu	6:00pm-7:00pm	\$30
Beginning Gymnastics (ages 6+)	Go For It USA	Sat	10:15am-11:15am	\$30
Beginning Gymnastics (ages 6+)	Go For It USA	Sat	12:45pm-1:45pm	\$30
Intermediate Gymnastics (ages 6+)	Go For It USA	Mon	5:00pm-6:00pm	\$36
Intermediate Gymnastics (ages 6+)	Go For It USA	Tue	6:00pm-7:00pm	\$36
Intermediate Gymnastics (ages 6+)	Go For It USA	Thu	5:00pm-6:00pm	\$36
	MARTIAL A	DTC		
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CLASS		DAY		FEE
Ju-Jitsu Self Defense Advanced (ages 7+)	Fuji Ryu Ju-Jitsu	Mon	5:00pm-7:00pm	\$48
Ju-Jitsu Self Defense Advanced (ages 7+)	Fuji Ryu Ju-Jitsu	Wed Tue	5:00pm-7:00pm 5:30pm-6:30pm	\$48 \$24
Ju-Jitsu Self Defense I (ages 7+)	Fuji Ryu Ju-Jitsu		2.30 m -0.30 m	\$ 74
Ju-Jitsu Self Defense I (ages 7+)				
	Fuji Rýu Ju-Jitsu	Thu	5:30pm-6:30pm	\$24
Ju-Jitsu Self Defense I (ages 7+)	Fuji Rýu Ju-Jitsu Fuji Ryu Ju-Jitsu	Thu Sat	5:30pm-6:30pm 9:30am-10:30am	\$24 \$24
Ju-Jitsu Self Defense I (ages 7+)	Fuji Rýu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu	Thu Sat Sat	5:30pm-6:30pm 9:30am-10:30am 10:45am-11:45am	\$24 \$24 \$24
Ju-Jitsu Self Defense I (ages 7+) Ju-Jitsu Self Defense for Women (ages 16+)	Fuji Rýu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu	Thu Sat Sat Sat	5:30pm-6:30pm 9:30am-10:30am 10:45am-11:45am 12:00pm-1:00pm	\$24 \$24 \$24 \$24
Ju-Jitsu Self Defense I (ages 7+) Ju-Jitsu Self Defense for Women (ages 16+) Karate Tiger Cubs (ages 3-4)	Fuji Rýu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Elite Karate Unlimited	Thu Sat Sat Sat Tue/Thu	5:30pm-6:30pm 9:30am-10:30am 10:45am-11:45am 12:00pm-1:00pm 4:00pm – 4:30pm	\$24 \$24 \$24 \$24 \$24
Ju-Jitsu Self Defense I (ages 7+) Ju-Jitsu Self Defense for Women (ages 16+) Karate Tiger Cubs (ages 3-4) Karate Tiger Cubs (ages 5-6)	Fuji Rýu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Elite Karate Unlimited Elite Karate Unlimited	Thu Sat Sat Sat Tue/Thu Tue/Thu	5:30pm-6:30pm 9:30am-10:30am 10:45am-11:45am 12:00pm-1:00pm 4:00pm – 4:30pm 4:30pm – 5:00pm	\$24 \$24 \$24 \$24 \$24 \$24 \$24
Ju-Jitsu Self Defense I (ages 7+) Ju-Jitsu Self Defense for Women (ages 16+) Karate Tiger Cubs (ages 3-4) Karate Tiger Cubs (ages 5-6) Karate Beg. Junior (ages 6+)	Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Elite Karate Unlimited Elite Karate Unlimited Elite Karate Unlimited	Thu Sat Sat Sat Tue/Thu Tue/Thu Tue/Thu	5:30pm-6:30pm 9:30am-10:30am 10:45am-11:45am 12:00pm-1:00pm 4:00pm – 4:30pm 4:30pm – 5:00pm 5:00pm – 6:00pm	\$24 \$24 \$24 \$24 \$24 \$24 \$24 \$24
Ju-Jitsu Self Defense I (ages 7+) Ju-Jitsu Self Defense for Women (ages 16+) Karate Tiger Cubs (ages 3-4) Karate Tiger Cubs (ages 5-6)	Fuji Rýu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Elite Karate Unlimited Elite Karate Unlimited	Thu Sat Sat Sat Tue/Thu Tue/Thu	5:30pm-6:30pm 9:30am-10:30am 10:45am-11:45am 12:00pm-1:00pm 4:00pm – 4:30pm 4:30pm – 5:00pm	\$24 \$24 \$24 \$24 \$24 \$24 \$24
Ju-Jitsu Self Defense I (ages 7+) Ju-Jitsu Self Defense for Women (ages 16+) Karate Tiger Cubs (ages 3-4) Karate Tiger Cubs (ages 5-6) Karate Beg. Junior (ages 6+)	Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Fuji Ryu Ju-Jitsu Elite Karate Unlimited Elite Karate Unlimited Elite Karate Unlimited	Thu Sat Sat Tue/Thu Tue/Thu Tue/Thu Tue/Thu	5:30pm-6:30pm 9:30am-10:30am 10:45am-11:45am 12:00pm-1:00pm 4:00pm – 4:30pm 4:30pm – 5:00pm 5:00pm – 6:00pm	\$24 \$24 \$24 \$24 \$24 \$24 \$24 \$24

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	INSTRUCTOR	DAY	TIME	FEE
	Chelea Johnson-Turner	Thu	5:30pm-7:00pm	\$45

KIDDIE KOLLEGE EARLY CHILDHOOD EDUCATION

CLASS

Kids Cooking (ages 7-12)

Kiddie Kollege is a positive, recreational learning environment utilizing creative art, music, and constructive play for young children. This is a 9-month class with a monthly fee. Children must be of age by Sept. 30th.

AGES	DAYS	TIME	FEE
3	Tue/Thu	9:00am-10:30am	\$405/yr or \$45/mo
3	Tue/Thu	11:00am-12:30pm	\$405/yr or \$45/mo
3	Mon/Wed	11:15am-12:45pm	\$405/yr or \$45/mo
3	Mon/Wed	1:00pm-3:00pm	\$495/yr or \$55/mo
4/5	Mon - Thu	9:00am-11:15am	\$1125/yr or \$125/mo
4/5	Mon - Thu	1:00pm-3:15pm	\$1125/yr or \$125/mo
4/5	Mon/Wed	8:45am-11:00am	\$585/yr or \$65/mo
4/5	Tue/Thu	1:00pm-3:15pm	\$585/yr or \$65/mo

CITY OF NORTH LAS VEGAS SPORTS INFORMATION

1638 N. Bruce Street North Las Vegas, NV 89030 PHONE: (702) 633-2558 FAX: (702) 399-6337

YOUTH RECREATIONAL SOCCER

The recreational league offers a chance for children ages 5-14 to learn and develop their skills for the exciting game of soccer. Teams are randomly created from individual registrations and volunteer coaches donate their time. Games are played on Saturdays and some weekdays, and practices are once a week on a day chosen by your coach. 5-6 age group play 5v5 short sided games, 7-9/10-12/13-14 age groups play 7v7 games.

Fall Season Registration:	Online: August 6-30, 2012	Location: Tropical Breeze Park
-	Walk-in: August 27-30, 2012	Fee: \$50 (includes 8 game season, t-shirt, awards, referees)
	-	Divisions: 5-6, 7-9, 10-12, 13-14

Volunteer coaches are always needed, so please call the Sports Office if you're interested in volunteering

YOUTH BASKETBALL

We are pleased to be able to bring back the Youth Recreational Basketball program for ages 7-12. This recreational league allows the kids to learn and develop their skills. Teams are randomly created from individual registrations and volunteer coaches donate their time. Games will be played on Saturdays, and practices will be once a week on a day chosen by your coach.

Winter Season Registration: Online: November 5-November 21, 2012 Walk-in: November 19-21, 2012 Location: Silver Mesa Recreation Center Fee: \$65 (includes 8 game season, tshirt, awards and referees) Divisions: 7-9 and 10-12

Volunteer coaches are always needed, so please call the Sports Office if you're interested in volunteering.

ADULT SOFTBALL

We are pleased to announce that we are bringing back the adult Softball Leagues. We have the most affordable leagues and a softball complex that is second to none. Leagues include 14 games (7 doubleheaders), and a post season single elimination tournament. League champions receive individual awards, and tournament winners receive team awards.

Fall Season Registration:TBDFee:\$400 + Umpire FeesMonday, Tuesday, Wednesday, Thursday & Friday LeaguesMonday and Friday are co-ed and Tuesday and Thursday are all mens.Wednesday Night Womens Fastpitch

FIELD RESERVATIONS

FALL FIELD ALLOCATION: Field allocation periods are from March-June and August-November. Please contact the Sports Office for meeting dates and paperwork deadlines.

TOURNAMENT RESERVATIONS: The City of North Las Vegas is able to help you with your tournament needs. All of our park facilities are available for tournament rentals. Call the Sports Office for more information and availability.

SPORTS FIELD RESERVATIONS: The City's fields may be rented, based on availability, on a nightly or weekly basis for team practices and functions. Fees must be paid one week in advance, and only during office hours. Please call for field rental availability, locations and prices.

CITY OF NORTH LAS VEGAS RENTAL PROGRAMS

324 E. Brooks Ave. North Las Vegas, NV 89030 General Information (702) 633-2418 Fax (702) 633-7138

Days and Hours of Operation: Monday - Thursday 8:00 a.m. - 4:00 p.m.

MOBILE STAGE Are you looking for a stage to host a concert, a special event, a company picnic or even your own community gathering? Well, the City of North Las Vegas Parks and Recreation Department has a great, fully equipped mobile stage to suit your needs! Along with the mobile stage, we also can provide sound, lighting, generator and our highly skilled technicians. Multi day use discounts offered. Please call 633 2418 for more information, pricing and availability.

PARK-COMPLEX/FACILITY RENTALS

Picnic-Gazebo: These gazebos are ideal for family birthday parties, baby or bridal showers and other small events involving less than 100 people. These reservations must be made at least 30 days in advance. Fees are \$75.00 per hour with a 2 hour minimum and \$100 refundable cleaning/damage deposit.

Currently, gazebos in the following parks are available for public reservations:

- (2) in Flores Park- 4133 Allen Lane
- (3) in Desert Horizons 3750 Simmons Street
- (2) in Nature Discovery Park- 2627 Nature Park Drive
- (1) in Goynes Park -3909 W. Washburn Road

Large Event-Multi Day Use: These reservations are ideal for family reunions, weddings, company picnics, school functions, or other larger events involving more than 100 people. These reservations must be made at least 60-90 days in advance depending on size and scope of the event. Fees are \$75.00-\$300.00 per hour with a 2 hour minimum. A refundable cleaning/damage deposit will be determined upon application submission and review.

Non-Profit Users: Non-Profit Organizations are granted park reservation priority through an allocation process. A 50% reduction will also be granted on all reservation fees, if a copy of the organization's federal 501 C-3 document is submitted. Discounts do not apply to deposits, staffing, or any additional fees that may apply.

*Allocation Process

a) Notice of meeting date, time and location will be released on December 1.

b) Allocation peak reservation months, March 1-November 1. non allocation months, November 2-February 28.

c) Applications will be time stamped in the order received and granted based on the applicant's request no later than January 30. d) Non Profit Organizations may only request one reservation date per calendar year.

e) At the conclusion of the allocation process, all unreserved Park-Complex Facilities will be released at a first come, first serve to the general public.

f) Requests may not be accommodated, as a result of city programs, school district programs and/or holiday/high demand weekends.

*PLEASE NOTE: The City of North Las Vegas Parks and Recreation does not supply water and/or electricity access for any reservations.

For more information, or for a current list of Park-Complex/Facilities that are available for reservations, please contact: The Park Reservation Desk at 633-2418

Jumper Policy: Jumpers and bounce-houses are welcome at City-owned parks as long as the reserving group obtains a park reservation contract through the reservation desk. Jumpers must be provided by a company who holds general liability insurance naming the City of North Las Vegas as an additional insured up to \$1 million per occurrence. Companies may not utilize stakes to secure the jumper, no exceptions.

MUNICIPAL PAR 3 "LIGHTED" GOLF COURSE

324 E. Brooks Ave.

North Las Vegas, NV 89030

Tee Time Reservations: 633-1833

Reservations can be made by phone 7 days in advance.

Hours of operation:

6:00 a.m. or Dawn (later time applies) to Dusk Lighted/Evening Tee times available through October

Closing hours are subject to change without notice due to weather conditions or due to limited number of golfers to reduce energy costs.

The City of North Las Vegas operates a 9-hole, par three golf course seven days a week, that offers the best golf value in the Las Vegas area. Open year round, the course can be enjoyed by golfers of all ages and abilities. It is especially user friendly for seniors and beginners. The length is not intimidating, there are no artificial hazards, and the small greens present a challenge to the more accomplished players. The course is well maintained and offers gently rolling terrain with many mature trees and a great view of the Las Vegas Valley. The course was the first lighted course in Nevada and golfers can tee off as late as 8:30 p.m. during Summer Season. Purchase a variety of snacks and cold beverages in the snack bar.

LEAGUES - The Par 3 golf course offers both men's and women's leagues that meet once a week. The women's league plays Wednesday mornings and the men's league plays Thursday evenings. Golfers of all ages and abilities are welcomed to join. Both leagues are operated by an outside association.

STICKS FOR KIDS - Golf is an excellent forum to introduce youth to physical activity, to increase youth's environmental awareness and to provide an opportunity to learn a lifetime sport. The Sticks for Kids program provides as many children as possible with a set of clubs to use while learning to play the game of golf. The Par 3 golf course is proud to offer the Sticks for Kids clubs and are available for use at no cost. See the pro shop staff for more information.

ANNUAL PLAYER PASS - The Annual player Pass is offered to our customers at a great value. Each pass provides the purchaser with 50 rounds of golf during regular business hours. The pass is non transferrable but may be used by the pass holder to cover the cost of more than one player per round.

SUMMER SPECIAL CONTINUES - Beginning June 1st through August 31st we will be offering our Summer Special rate! First nine holes, \$5.00 and your second nine is only \$3.00. The special rate is valid Monday-Friday from 12:00 p.m. to 5:00 p.m. There are no additional discounts honored for seniors and or students during the Summer Special.

OVER SEEDING - The Par 3 golf course will be closed for over seeding beginning Monday, September 24, 2012 through Sunday, October 7, 2012. The course will re-open on Monday, October 8th.

LESSONS - The City of North Las Vegas is proud to offer golf lessons for beginner to intermediate golfers. Classes are held once a week, for 6 weeks. Beginner classes are \$50.00 and meet for 60 minutes and intermediate classes are \$60.00 and meet for 90 minutes. Clubs are available at no additional charge for participant use during lesson time. Due to extreme heat conditions, lessons are not held during summer months. The next session for lessons begins in early September.

FALL GOLF SESSION 2 REGISTRATION:

Online	Oct 8- Oct 13, 2012
Walk In	Oct 15- Oct 18, 2012
Classes Begin	Week of Oct 27, 2012
Children Beginners Saturdays	
Adult Beginners Saturdays	

GOLF FEES	Non-Prime Time (Monday-Friday) 9-Holes	Prime-Time (Evenings, Weekends & Holidays) 9-Holes
Adults 18-59 yrs old	\$8.00	\$10.00
Seniors 60+ /Students*	\$7.00	\$9.00
Non-Golfers (walkers)	\$7.00	\$7.00

NOTE: \$2.00	discount offered	on 2nd Round
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Rental Fees	
Pull Carts\$2.0	0
Clubs with Cart\$10.	00
Annual Player Pass\$300	.00

* Student pricing applies to youth 18 years of age and under, through high school with a valid school I.D.

For more information on these and other golf activities contact one of the friendly staff members at (702) 633-1833

ALIANTE GOLF CLUB

3100 W. Elkhorn North Las Vegas, NV 89030 (702) 399-4888 Hours of Operation - Dawn to Dusk

Aliante Golf Club is owned and operated by the City of North Las Vegas. Preferred rates are offered to North Las Vegas residents, reservations and proof of North Las Vegas residency is required.

Other amenities at Aliante Golf Club include the Aliante Bar and Grill. The Grille boasts spectacular mountain views and offers an event pavilion that is perfect for special occasions, birthdays, anniversaries, and weddings.

The Golf Shoppe offers a full line of apparel and great selection of golf equipment.

The Practice Facility has a natural grass driving range, large putting green, and short game area, complete with practice bunker.

Proper golf attire is required throughout the facility.

CALL FOR CURRENT AND SEASONAL PRICING.

City of North Las Vegas			
For sponsorship opportunities, contact James Allen at (702) 633-2562 or allenj@cityofnorthlasvegas.com			
Movie Madness Series (All movies begin at dusk with pre-event activities prior to)			
Event	Date	Location	
The Muppets	Friday, August 10	City Hall Civic Plaza (2250 Las Vegas Blvd. N.)	
Puss In Boots	Friday, August 31	Nature Discovery Park (2627 Nature Park Dr.)	
Zookeeper	Friday, September 21	Nature Discovery Park (2627 Nature Park Dr.)	
Happy Feet 2	Friday, October 5	City Hall Civic Plaza (2250 Las Vegas Blvd. N.)	

For more information visit the web at www.cityofnorthlasvegas.com or call



2012 Community Events

